

CAMP BURNTGIN

CBG 'n Me JOURNAL



Welcome to **CBG 'n Me** **2021!**

We are so glad you are joining us this year. We are excited to offer four FUN weeks of activities.

Our themes for this summer are:



In addition to the activities on our website and live zoom sessions, we have created a limited edition CBG 'n Me journal. In this journal you will find the weekly CBG 'n Me schedule and fun activities to do on your own or with your family. We hope you enjoy all that we have to offer this summer!

We love and miss you and remember the Burnt Gin Spirit is always with you!

Into the Wild

OVERVIEW

MONDAY 7/12	TUESDAY 7/13	WEDNESDAY 7/14	THURSDAY 7/15	FRIDAY 7/16
<ul style="list-style-type: none"> • Affirmation: "I am Brave" • Trash to Treasure: Composting • Learn a Dance 	<ul style="list-style-type: none"> • Rainforest Putt-Putt with USC SPURS Club • Sing-Along: "What Can Make a Hippopotamus Smile?" 	<ul style="list-style-type: none"> • Nature Walk at the Congaree National Park • Read-Along: <i>Busy Tree</i> • Feed the Wild 	<ul style="list-style-type: none"> • Sing-Along: "Tarzan" • Marshmallow Launcher • Light Up the Night 	<ul style="list-style-type: none"> • Read-Along: <i>Where the Wild Things Are</i> • Mindful Moment: Bunny Breathing • Cooking Corner with SNAP-Ed

LIVE EVENTS

- Tuesday, July 13: Live Activity with PRISMA Health via Zoom**
 Come on down to participate in our very first live activity hosted by our partner, PRISMA Health! This is going to be a wild one!
- Thursday, July 15: Live Social Event via Zoom**
 What time is it? Snack time! Bring your favorite snack and meet some new camp friends.



For all live sessions make sure to check your email for links to these live events.

If you need assistance accessing our live sessions, please contact us at campburntgin@dhec.sc.gov



Into the Wild

ANIMALS OF CAMP BURNT GIN

M	A	C	E	H	O	T	H	U
O	N	Z	S	B	S	A	O	Y
S	T	I	A	R	Z	D	R	L
Q	F	J	P	S	T	P	S	M
U	C	R	L	H	F	O	E	K
I	F	D	Y	O	R	L	F	P
T	U	R	T	L	E	E	L	F
O	Y	I	J	B	D	M	Y	R
J	L	B	S	N	A	K	E	O
L	I	Z	A	R	D	P	V	G
C	H	A	R	L	I	E	G	E

ANT
BIRD
CHARLIE

FISH
FROG
LIZARD

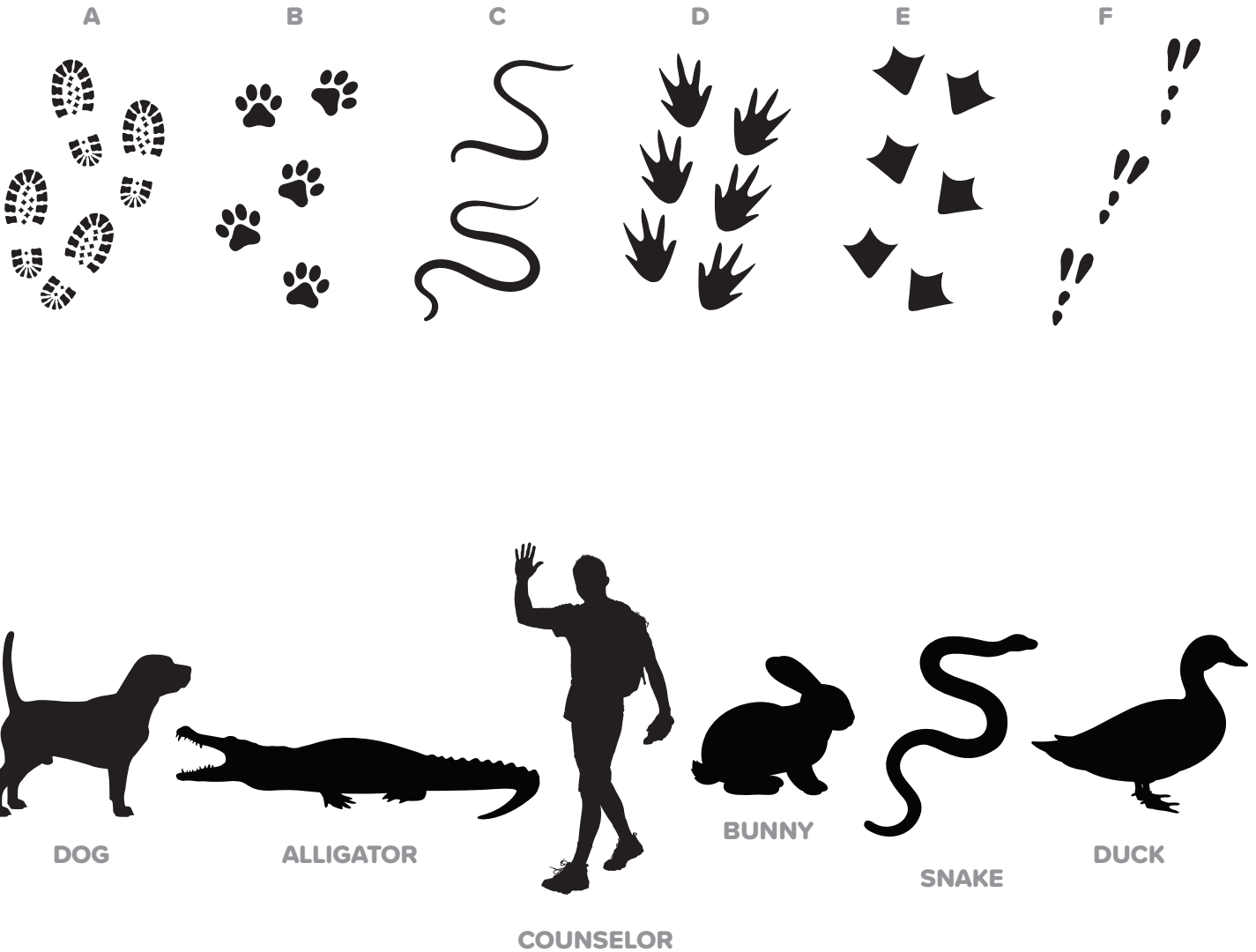
MOSQUITO
SNAKE
TURTLE



Into the Wild

GUESS WHOSE TRACKS

Can you guess which tracks belong to which animal?
Draw a line to match the right tracks to the right animal.



ANSWER KEY
A-counselor, B-dog, C-snake, D-alligator, E-duck, F-bunny

I AM BRAVE!

Everyday Hero

OVERVIEW

MONDAY 7/19	TUESDAY 7/20	WEDNESDAY 7/21	THURSDAY 7/22	FRIDAY 7/23
<ul style="list-style-type: none"> • Affirmation: "Every day I can be a hero" • How to make a Chinese Staircase Friendship Bracelet • Read-Along: <i>A Friend for Henry</i> 	<ul style="list-style-type: none"> • Zumba with an Everyday Hero • Magical Machine 	<ul style="list-style-type: none"> • Mindful Moment: Cloud Watching • Gardening 101: Seeds • Sing-Along: "Princess Pat" 	<ul style="list-style-type: none"> • Hero vs. Villain Competition with USC SPURS Club • Sing-Along: "Smile" • How to make a Candy Stripe Friendship Bracelet 	<ul style="list-style-type: none"> • Our Everyday Heroes • Exercise: "Hi My Name is Joe" • Read-A-Long: <i>Dex, The Heart of a Hero</i>

LIVE EVENTS

• Tuesday, July 20: Live Cooking Demonstration with SNAP-Ed via Zoom

Look it's a bird! No, it's a plane! No, it's Miss Abby and Miss Caroline! Gather your ingredients and join Miss Abby and Miss Caroline for some cooking!

• Thursday, July 22: Live Social with Family Connection of SC Event via Zoom

Grab your hero cape and gather with other heroes while we talk about what makes us an everyday hero with our friends at Family Connection of SC.



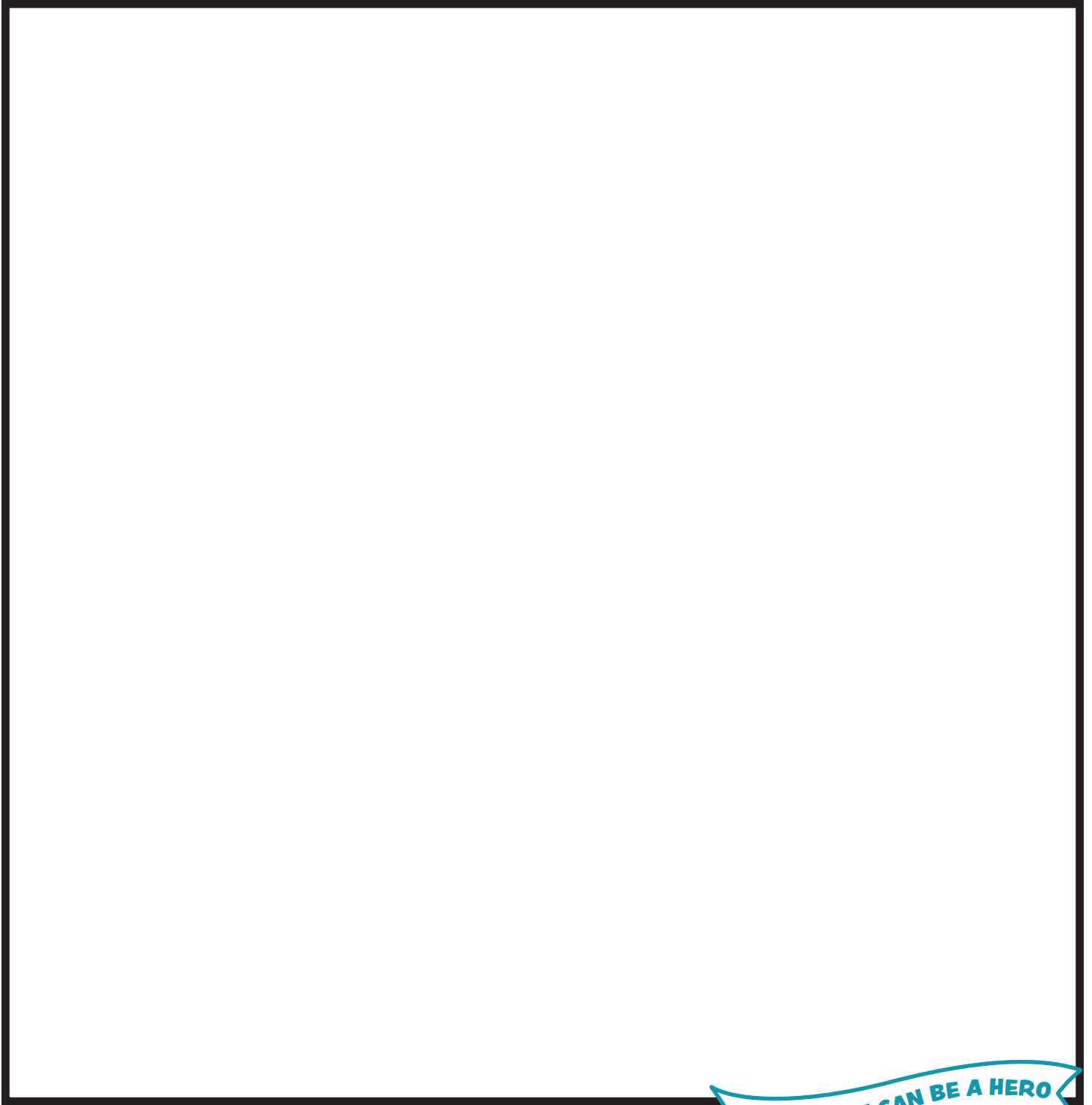
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Everyday Hero

DRAW WHAT AN EVERYDAY HERO LOOKS LIKE TO YOU!



Everyday Hero

MOSAIC VASE INSTRUCTION SHEET

Items needed:

- Glass jar
- Tissue paper
- Scissors
- Mod Podge or glue
- Paint brush

Directions:

Step 1: Remove the label from your jar and cut the tissue paper into small pieces

Step 2: Apply a thin layer of the glue to the jar and add pieces of tissue paper

Step 3: Repeat step 2

Step 4: Let the jar dry and you have a pretty vase for flowers



Book-A-Palooza

OVERVIEW

MONDAY 7/26	TUESDAY 7/27	WEDNESDAY 7/28	THURSDAY 7/29	FRIDAY 7/30
<ul style="list-style-type: none"> Affirmation: "I am the author of my own story" Quidditch with USC SPURS Club Read-Along: <i>Rumple Buttercup</i> Cooking Corner with SNAP-Ed 	<ul style="list-style-type: none"> Read-Along: <i>The Dot</i> Creating with Dots Sing-Along: "I Hopped Aboard A Pirate Ship" 	<ul style="list-style-type: none"> Mindful Moment: Calm Breathing with Bubbles Sing-Along: "Humpty Dumpty" Read-Along: <i>Egbert, The Slightly Cracked Egg</i> 	<ul style="list-style-type: none"> Interactive Read-Along: <i>We're Going on a Bear Hunt</i> A Visit to the Bee Yard Read-A-Long: <i>Magic School Bus Inside a Beehive</i> 	<ul style="list-style-type: none"> How to Write a Short Story Read-A-Long: <i>Llamaste and Friends</i> Yoga

LIVE EVENTS

- Tuesday, July 27: Live Social Event via Zoom**
 Meet up with your camp friends, share your favorite book, and find out what everyone's been up to this summer.
- Thursday, July 29: Live Activity with Palmetto Optimist Club via Zoom**
 Join your friends and counselors for some fun activities put on by the Palmetto Optimist Club. You don't want to miss it!



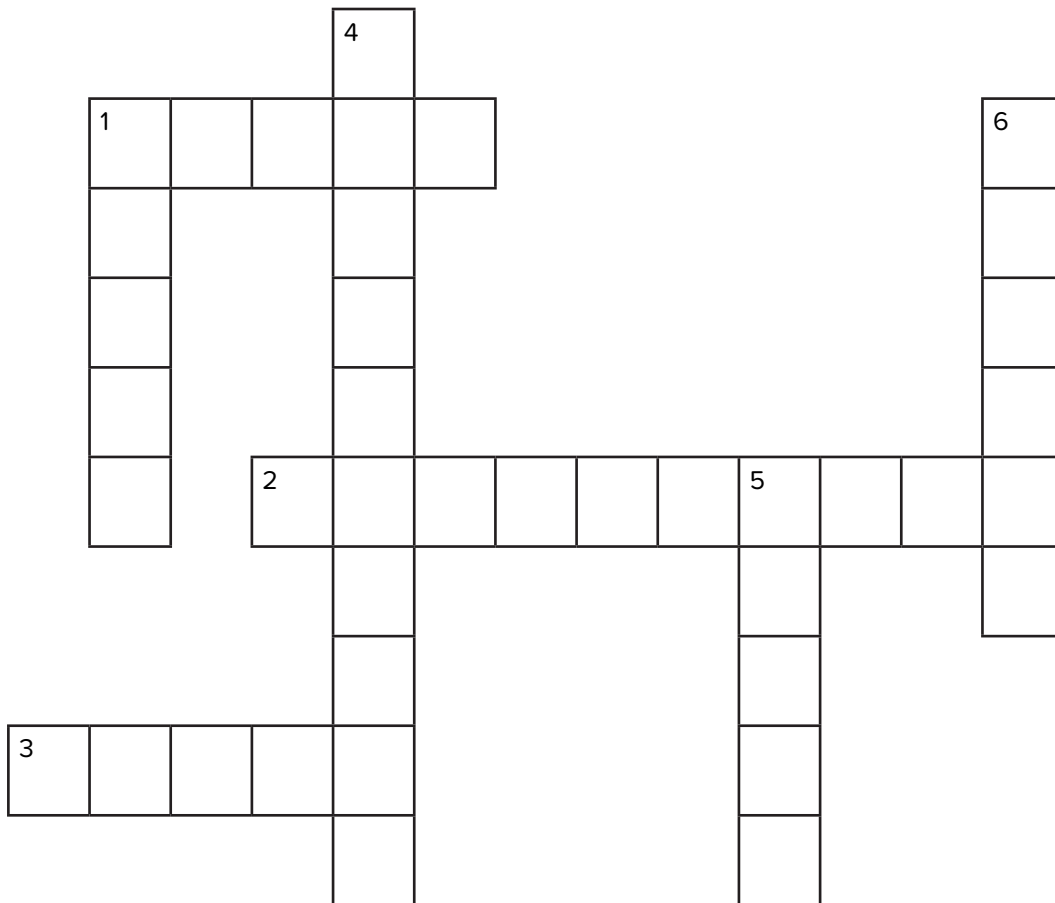
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Book-A-Palooza

CROSSWORD PUZZLE



ACROSS

- Where you sleep at camp
- A game played at camp with a ball and tall net
- The person at camp who gives you your medicine

DOWN

- "OH NO CABIN ____" Then you get your cabin score
- You wear this on a boat
- The lifeguard blows the whistle and says "_____ check"
- You use this when you go on a canoe

ANSWER KEY

Across:

1. Cabin 2. Basketball 3. Nurse

Down:

1. Check 2. Life Jacket 3. Buddy 4. Paddle

I AM THE AUTHOR OF MY OWN STORY

Book-A-Palooza

SKIT TIME!

Here is a short and fun skit to do for your family called “Life of a Rain Drop.”

Script:

Walk into the room and say, *“The Life of a Rain Drop”*

Then throw your arms in the air and yell,
“AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAHHHHHHHHH.”

Then fall to the ground while saying *“splat”*.

IDEAS FOR OTHER SKITS:

Make a skit from one of your favorite books!

Decide who will play each character. Have someone read the story and the actors can perform as the person reads. For an example of this check out our interactive Read-Along, *“We’re Going on a Bear Hunt”*.



Note to Parents:

Acting out books can enhance reading comprehension, help your child empathize with the characters in the book and bring the book to life.

CBG Spirit Week

OVERVIEW

MONDAY 8/2	TUESDAY 8/3	WEDNESDAY 8/4	THURSDAY 8/5	FRIDAY 8/6
<ul style="list-style-type: none"> Affirmation "The Burnt Gin Spirit lives in me" Sing-Along: "Spirit in Our" DIY Musical Instruments 	<ul style="list-style-type: none"> Salt Art Painting Mindful Moment: Mindfulness Walk Sing-Along: "Going to the Disco" 	<ul style="list-style-type: none"> Build your Own Volcano Sing-Along: "Coast to Coast" Cooking Corner with SNAP-Ed 	<ul style="list-style-type: none"> Are You Ready to Exercise? Sing-Along: "Got that Spirit" Gardening 102: Seedlings 	<ul style="list-style-type: none"> Dance Party Sing-Along: "Little Red Wagon" Field Day Fun with USC SPURS Club

LIVE EVENTS

• Tuesday, August 3: Camp Burnt Gin's Got Talent via Zoom

Join us today as we watch the best talent show ever starring you and all your camp friends!

• Thursday, August 5: CBG 'n Me Showcase Event via Zoom

Did you make a monster blow painting? Did you learn a dance? How about read-along with a counselor? Or learn a camp song? Today, we will be sharing the CBG 'n Me activities we have done this summer. We can't wait to see you there!

• Friday, August 6: Live Campfire Event via Zoom

Come enjoy some campfire songs, and make a pinecone wish as we close out the last week of CBG 'n Me.



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THE BURNT GIN SPIRIT LIVES IN ME

CBG Spirit Week

COLORING PAGE



THE BURNT GIN SPIRIT LIVES IN ME

CBG Spirit Week

MAKE YOUR OWN BOWLING SET

Items needed:

- 6 plastic bottles
- Markers, paint, and paintbrush
- Ball of any kind

Steps to create your bowling set:

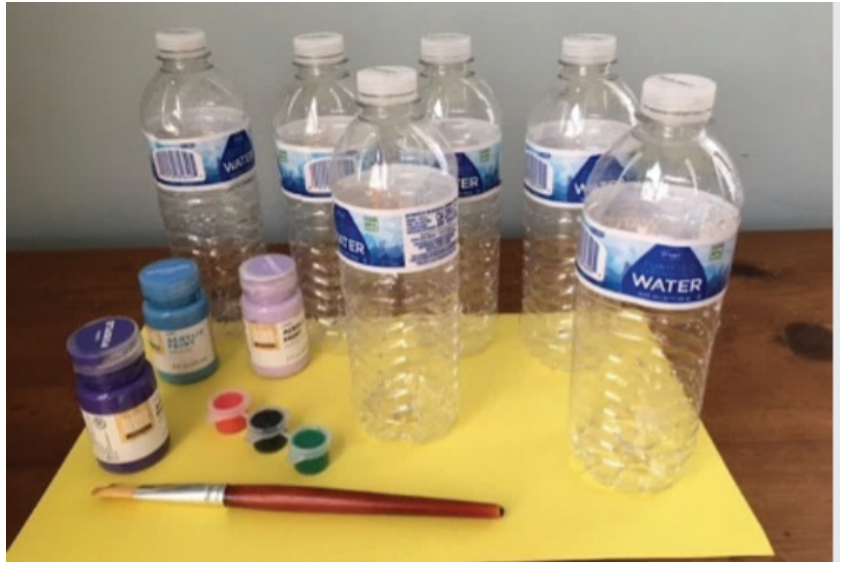
Step 1: Remove the labels and use the paint or markers to decorate the bottles

Step 2: Let the bottles dry

Step 3: Add a little water, uncooked rice, or beans to keep the bottles from tipping over easily.

How to play:

- Place your 6 plastic bottles (pins) in the shape of a triangle
- Grab a ball and take turns bowling
- Keep track of how many pins you knock down for each round and see who can knock down the most!





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